

Communify has been working with the local community for over 30 years to develop and deliver locally based services and activities in response to the issues and opportunities that life can present.

We offer services that enable us to reach out, advocate, connect, inform and offer support around people's needs, interests and issues.

Communify Services

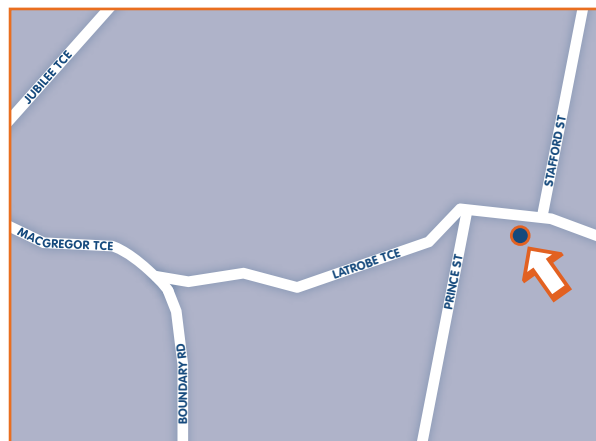
- Aged and Disability Services
- Asylum Seeker Support
- Community Development
- Community Education
- Domestic Support
- Door to Door Transport
- Early Childhood Services
- Family and Individual Support
- Financial Inclusion
- Home Assist Secure (Inner West)
- Lady Cilento Parenting Centre
- Meals on Wheels
- Mental Health Services
- Recreation
- The Exchange at Kelvin Grove
- The Paddington Centre – Respite Services
- Venues for Hire
- Volunteers



132 Latrobe Terrace Paddington Qld 4064
t: (07) 3368 3723 f: (07) 3876 5024
e: paddington@communify.org.au

Communify Head Office

180 Jubilee Terrace Bardon Qld 4065
t: (07) 3510 2700 f: (07) 3366 7845
e: admin@communify.org.au



We are located here

THE PADDINGTON CENTRE – RESPITE SERVICES

There's no place like home but there is The Paddington Centre! It's a place that feels just like a home away from home. The Centre is a place for support and friendship; activities and games; home-cooked meals and an enjoyable day away from home.

What do we offer?

A day at The Paddington Centre provides the opportunity to enjoy a day away from home for people who are frail-aged or living with a disability. While at the centre, you will be invited to join in the range of social activities that are available or, can simply choose to relax and enjoy good company.

The staff and volunteers of The Paddington Centre can assist people who may have restricted mobility or other limitations to participating in our activities. The support and care offered by The Paddington Centre can assist you to remain living at home and in your community.

Included in our small daily fee is our delicious home-style morning tea and nutritious lunch prepared in-house by our resident cook; transport to and from home as well as all entertainment and activities. There can be a small additional fee for some facilitated activities and our day trips. Additional personal services such as podiatry and hairdressing are also available by appointment.

- door to door transport
- warm, friendly home away from home
- podiatry
- hairdressing
- outings
- Steady Steps
- music and sing-alongs
- activities for a healthy lifestyle
- board games
- home cooked meals
- diversional therapy
- gardening
- craft activities
- new friends and fun



Who can attend?

Elderly or frail-aged people as well as younger adults with disabilities living in the local area can attend The Paddington Centre. Please ring us to talk about how we can assist you or someone close to you. Our door is always open and we welcome visitors to our centre. We can also arrange to visit you at home to talk about what our centre has to offer you.

How much will it Cost?

This centre has funding support from the Home and Community Care (HACC) program allowing us to keep our daily fee affordable for all. Additional services such as podiatry and hairdressing are available for an additional fee. More details about our current fee schedule are available on enquiry.

Where are we?

The Paddington Centre is located at:

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